



Health Board

■ **Deadly talk:** *Deadly Medicines and Organised Crime* is the provocative theme of a talk by Danish physician Dr Peter Gotzsche tomorrow at 7.30pm at the Stillorgan Park Hotel, Dublin. His latest book, *How Big Pharma has Corrupted Healthcare*, discusses how, in his view, prescription medicines are the third-leading cause of death after heart disease and cancer. Tickets €35/€20; see seminars.ie

■ **Focus on mental health:** St Patrick's University Hospital, Dublin will celebrate Founders' Day on Thursday with talks and debate on mental health and the ageing population. As part of that, Rose Anne Kenny, professor of clinical gerontology, Gerard Scully of Age Action and this writer will take part in a discussion, *Is Retirement Age a Thing of the Past?* For more details, see stpatricks.ie

■ **Psychotherapy and spirituality links:** The links between psychotherapy and spirituality will be explored from a Christian perspective on Saturday, 10am-4pm, at a workshop led by psychotherapist Colm O'Doherty at Glenstal Abbey, Co Limerick. Cost €80. For details, tel: 087-1628530, see colmdoherty.ie or email solemlcolm@eircom.net

■ **Fertility conference:** The National Infertility Support and Information Group (NISIG) is holding a conference on Saturday, 9am-5pm at the Hilton Dublin Airport. Experts including Dr George Ndukwe, medical director and IVF consultant at Zita West Assisted Fertility Clinic, will speak about fertility and infertility in men and women. See nisig.ie

■ **Lifestyle advice:** A panel of experts will offer advice on giving

up smoking, exercising regularly and dealing with stress at a public meeting on Monday at 6pm in the Royal College of Physicians of Ireland, No 6 Kildare Street, Dublin. Domini Kemp, cookery writer with *The Irish Times*, will give healthy food cookery demonstrations at 4.30pm and 5.15pm.

More information about 150th anniversary celebrations of the RCPI on rcpi.ie/stlukes; see also page 16.

■ **Week for straightening up:** Chiropractors will give talks, demonstrate exercises for healthy spines and provide free screenings during **Straighten Up Ireland** Week, which starts on Monday. See chiropractic.ie

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